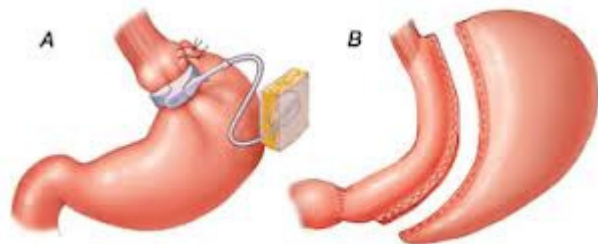
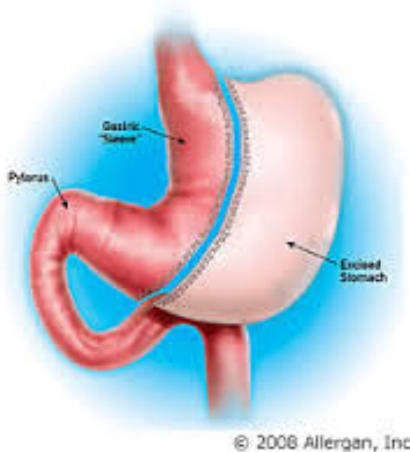


A Fit and Healthy Body – The Best Fashion Statement!

- **Obesity** is a *medical condition* in which excess body fat has accumulated to the extent that it may have a negative effect on health.
- Reduces life expectancy and increases health problems.
- Obesity increases the likelihood of various diseases:-
 - Heart disease, diabetes, sleep apnea, certain types of cancer, and osteoarthritis.
- Commonly caused by a combination of *excessive food energy* intake, *lack of physical activity*, and *genetic* susceptibility, *endocrine* disorders, medications or psychiatric illness.
- Dieting and physical exercise - mainstays of treatment
- However Exercise and diet alone *often fail* to effectively treat people with extreme and excessive obesity.
- **Bariatric surgery** is an operation that is performed in order to help such individuals lose weight.
- Evidence suggests that bariatric surgery may *lower death rates* especially when coupled with healthy eating and lifestyle changes after surgery



Obesity is a leading preventable cause of death worldwide

Long-term studies show the bariatric surgical procedures cause significant long-term loss of weight, recovery from diabetes, improvement in cardiovascular risk factors, and a reduction in mortality of 23% from 40%

Are you ready for a healthier happier future? Let us help you get started.

By:

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