

Thalassemic man gets transfusion-free life after bone marrow transplant

A 25-year-old man who suffered from thalassaemia, a blood disorder, since his childhood and survived on regular blood transfusions is able to live a normal life after undergoing a high-risk bone marrow transplant at a city hospital.

Nikhil was suffering from thalassaemia major (TM) since he was six months old as his parents were thalassaemia minor.

Nikhil used to manage his condition with regular blood transfusions, but after marriage he became concerned about his future. The possibility of the disorder being passed on to the next generation made him explore various options to cure his condition.

He came in contact with doctors at BLK Super Speciality Hospital here and was advised to go for transplantation of special stem cells found in the bone marrow, which has been the only curative option for patient with thalassaemia major.



Thalassemia is an inherited blood disorder that may lead to anaemia and patients generally have to get frequent blood transfusions to manage their condition.

Several surveys and studies have showed India has the largest thalassemia burden in the world. About 10,000-15,000 babies with thalassemia major are born every year, Choudhary said.